

SCOTLAND**SOUTHERN'S ALL ROUND STRENGTH DECISIVE****At Baillieston, Glasgow, October 25th**

AFTER a race of fluctuating fortunes in which the lead changed from lap to lap, the all round strength of Edinburgh Southern Harriers triumphed over the occasional flashes of individual brilliance from Edinburgh AC and enabled Southern to retain the "Allan Scally" 4 x 5 miles road relay trophy in the new record time of 90:45, with Shettleston Harriers finishing an isolated third.

Douglas Gunstone gave Edinburgh AC a lead of 35y from Ian Elliott and Bill Yates (23:00) gave Maryhill Harriers a momentary flash of prominence before they faded away to a final 25th place. Shettleston (D. Lang) were well down in 12th place and Alastair Hutton (ESH 'B') had a disastrous run of 26:33 in 41st place. Colin Youngson soon pulled in Danny Knowles and went on to establish a lead of 18sec. This lap was noticeable for many "rescue operations" after poor first lap performances—Lawrie Spence returned the second fastest lap of 22:12 when he lifted Strathclyde University from 19th to sixth, with his brother Cameron pulling in 18 places (32nd to 14th) for Spango Valley AC. Young Nat Muir (a first year Junior) gave Shettleston supporters a welcome lift when he ran 22:30 to bring his club home third, just in front of Alex Wight (EAC 'B') while Frank Clement, relaxing after a hard track season, turned in a "joy run" of 23:07 to pull his club up twelve places to ninth.

The third lap saw a repeat of the duel between David Logue and Andy McKean which highlighted the opening McAndrew Relays. McKean (the hunter) chased Logue (the hare) and steadily closed the 18sec gap over the first four miles, drawing level with a mile to go. Logue responded and they raced the final mile to the change-over neck and neck with McKean just getting the nod on the line by a bare yard, recording the fastest lap of 22:02. Logue, though recording 22:20, was disappointed, saying "I'm sorry I started with a lead, I would much rather start level with Andy and then we'll see who is faster. It

would be a different race then. I expect we'll meet on the long seven mile leg in the Edinburgh—Glasgow Relay and that will be a race and a half if we are within any reasonable distance of each other".

Ronnie Knowles had no change against Alastair Blamire who finished over 200y clear in 22:52 but was still 3sec slower than 'B' runner Gareth Bryan-Jones (22:49) who completed a remarkable recovery by ESH 'B' to finish seventh after improving on every lap after Hutton's first lap debacle. Strathclyde University repeated last year's victory in the Scottish University Relay Championship, held in conjunction with the open race, when they finished well clear of Edinburgh University and Glasgow University.

1, Edinburgh Southern H (I. Elliot 22:47, C. Youngson 22:46, D. Logue 22:20, A. Blamire 22:52) 90:45 (rec);

2, Edinburgh AC (D. Gunstone 22:41, D. Knowles 23:10, A. McKean 22:02, R. Knowles 23:31) 91:24;

3, Shettleston (D. Lang 23:52, N. Muir 22:30, J. Burns 23:06, L. Stewart 23:50) 93:18;

4, Strathclyde Univ (A. McMaster 24:28, L. Spence 22:12, D. Leitch 24:42, J. McLean 23:24) 94:46;

5, Falkirk Victoria (J. McGarva 23:21, B. Morton 24:09, W. Sharp 24:30, W. Day 22:52) 94:52;

6, Clyde Valley (E. Devlin 23:47, R. McKay 24:12, J. Small 23:54, J. Graham 23:13) 95:06;

7, ESH 'B' 95:53; 8, Victoria Park 96:33; 9, EAC 'B' 96:36; 10, Springburn 96:50; 11, Law & Dist 96:55; 12, Edinburgh Univ 96:58; 13, East Kilbride 97:04; 14, Bellahouston 97:08; 15, Glasgow Univ 97:52; 16, Shettleston 'B' 98:52; 17, Cambuslang 99:18; 18, Spango Valley 99:50; 19, Teviotdale 100:05; 20, Aberdeen 100:37; 21, Ayrshire 100:52; 22, Bellahouston 'B' 102:08; 23, ESH 'C' 102:16; 24, Victoria Park 'B' 102:46; 25, Maryhill 103:03; 26, Clyde Valley 'B' 104:54; 27, Greenock Wellpark 105:05; 28, Bellahouston 'C' 105:08; 29, Cambuslang 'B' 105:22; 30, Fife 105:25.

CHESTER & ELLESMERE PORT A.C.**ROUND THE WALLS RACE**

(Under A.A.A. Laws)

Sponsored by Brown's The Jewellers**BOXING DAY, DECEMBER 26th at 11 am****AT CHESTER RACECOURSE,****THE ROODEE**

Under 13	1.1 Miles	(15p)
Under 15	2.3 Miles	(20p)
Under 17	2.3 Miles	(25p)
Seniors	4 Miles	(25p)

Men's and Boys events only, age as at 1.9.75
Individual awards, trophies and prizes in all races (including Veterans prizes).

Entries to T. Prescott, 2 Oulton Avenue, Chester CH2 1QY.

ENTRIES CLOSE DECEMBER 8th**CIVIL SERVICE****ATHLETIC ASSOCIATION****CROSS COUNTRY CHAMPIONSHIPS**

(Under A.A.A. & E.C.C.U. Rules)

WOODBANK PARK, STOCKPORT**WEDNESDAY, 3rd DECEMBER****MEN'S 5 MILES****LADIES 2½ MILES**

Entry forms and details from Mr. J. Carr, 75 Portland House, Ashton-under-Lyne, Lancs. Tel: 061 205 2064 (Office), 061 339 4314 (Home).

ENTRIES CLOSE 29th NOVEMBER